

SENIOR CORNER NEWS

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FEBRUARY 01, 2012



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FEBRUARY 2012

UPCOMING EVENTS

In February we have two Speakers one on the 13th and on the 20th.

March 17 is St. Patrick's Day (Saturday); the council is hosting a Corned Beef Dinner for \$10.00 per person

Wednesday, May 30 we have our trip to the D with lunch at Sinbad's also included is a tour of the Federal Reserve Bank and a trip on the Diamond Jack 2 hour River Cruise.

SICK LIST

Let us remember the following in our prayers:
Helen Carpenter, Connie Connor, Jan Magacz,
Harold Potter, Marcel Nicholas, Irene Binieda
Pat Farrugia, Cecilia Krause, Ed Surovick
Silvana Ingagiola



About Glaucoma

- Glaucoma has no warning signs.
- Left untreated, glaucoma can lead to permanent vision loss or blindness.
- People at higher risk for glaucoma should receive a comprehensive dilated eye exam every one to two years.

What is glaucoma?

Glaucoma is a group of eye diseases that can damage the eye's optic nerve and result in vision loss and blindness. However, with early treatment, you can often protect your eyes against serious vision loss.

What is the optic nerve?

The optic nerve is a bundle of more than 1 million nerve fibers. It connects the retina to the brain. The retina is the light-sensitive tissue at the back of the eye. A healthy optic nerve is necessary for good vision.

How does open-angle glaucoma damage the optic nerve?

In the front of the eye is a space called the anterior chamber. A clear fluid flows continuously in and out of the chamber and nourishes nearby tissues. The fluid leaves the chamber at the open angle where the cornea and iris meet. When the fluid reaches the angle, it flows through a spongy meshwork, like a drain, and leaves the eye.

Sometimes, when the fluid reaches the angle, it passes too slowly through the meshwork drain. As the fluid

builds up, the pressure inside the eye rises to a level that may damage the optic nerve. When the optic nerve is damaged from increased pressure, open-angle glaucoma—and vision loss—may result. That's why controlling pressure inside the eye is important.

Does increased eye pressure mean that I have glaucoma?

Not necessarily. Increased eye pressure means you are at risk for glaucoma, but does not mean you have the disease. A person has glaucoma only if the optic nerve is damaged. If you have increased eye pressure but no damage to the optic nerve, you do not have glaucoma. However, you are at risk. Follow the advice of your eye care professional.

Can I develop glaucoma if I have increased eye pressure?

Not necessarily. Not every person with increased eye pressure will develop glaucoma. Some people can tolerate higher eye pressure better than others. Also, a certain level of eye pressure may be high for one person but normal for another.

Whether you develop glaucoma depends on the level of pressure your optic nerve can tolerate without being damaged. This level is different for each person. That's why a comprehensive dilated eye exam is very important. It can help your eye care professional determine what level of eye pressure is normal for you.

Can I develop glaucoma without an increase in my eye pressure?

Yes. Glaucoma can develop without increased eye pressure. This form of glaucoma is called low-tension or normal-tension glaucoma. It is not as common as open-angle glaucoma.

Who is at risk for open-angle glaucoma?

Anyone can develop glaucoma. Some people are at higher risk than others. They include the following:

- African Americans over age 40
- Everyone over age 60, especially Mexican Americans
- People with a family history of glaucoma.

NAME THIS PERSON

He starred in 19 movies; he was brought to *Republic Studios* in 1949 as a potential replacement for Roy Rogers. He appeared in several B-Westerns, usually teamed with Slim Pickens, while with Republic Pictures from 1950 and 1954. He starred in the last singing western in 1954 and became known as the "Last of the Silver Screen Cowboys". His horse, KOKO, billed as "The Wonder Horse" received equal billing with Rex in all movie publicity. During this time he and Koko were popular stars performing regularly on rodeo circuits. He also starred in the television series, "Frontier Doctor", from 1955 to 1958. He later narrated many of Walt Disney's Wonderful World of Color nature shows and other productions. He provided the voice for 150 different cartoon characters created for Disney. Who was he?

JOKE OF THE MONTH

Two sisters, one blonde and one brunette inherit the family ranch. Unfortunately, after just a few years, they are in financial trouble. In order to keep the bank from repossessing the ranch, they need to purchase a bull from the stockyard in a far town so that they can breed their own stock.

They only have \$600 left. Upon leaving, the brunette tells her sister, 'When I get there, if I decide to buy the bull, I'll contact you to drive out after me and haul it home.'

The brunette arrives at the stockyard, inspects the bull, and decides she wants to buy it. The man tells her that he will sell it for \$599, no less. After paying him, she drives to the nearest town to send her sister a telegram to tell her the news. She walks into the telegraph office and says, 'I want to send a telegram to my sister telling her that I've bought a bull for our ranch. I need her to hitch the trailer to our pickup truck and drive out here so we can haul it home.'

The telegraph operator explains that he'll be glad to help her, and then adds, 'It's just 99 cents a word.' Well, after paying for the bull, the brunette only has \$1 left. She realizes that she'll only be able to send her sister one word.

After a few minutes of thinking, she nods and says, 'I want you to send her the word 'comfortable.'

The operator shakes his head. 'How is she ever going to know that you want her to hitch the trailer to your pickup truck and drive out here to haul that bull back to your ranch if you send her just the word 'comfortable?'

The brunette explains, 'My sister's blonde. The word's big. She'll read it very slowly ... com-for-da-bull.'

BORN IN FEBRUARY

2/7 Sylvia Oper

Also born on 2/7 were Novelists
Charles Dickens and Sinclair Lewis

2/8 Marie Kranson

Also born on 2/8 was Civil War General
William Tecunseh Sherman

2/9 Ed Surovick

Also born on 2/9 was the 9th President of the
United States William Henry Harrison

2/13 Gail Taliafero

Also born on 2/13 was Former 1st lady
Elizabeth Virginia "Bess" Truman

2/14 Jim Dudley

Also born on 2/14 was TV journalist
Hugh Downs

2/17 Andy Ingagiola

Also born on 2/17 was president's
daughter/writer Margaret Truman

2/18 Phyllis Guzick

Also born on 2/18 was American politician
Wendell Willkie

2/23 Roger Teed

Also born on 2/23 was director
Victor Fleming (Wizard of Oz, Gone With Wind)

IT HAPPENED IN FEBRUARY

2/13 Jim and Mary Dudley were Married

Also on 2/13 was when the Barbie doll is developed.

Ruth Handler watched her daughter Barbara play with paper dolls, and noticed that she often enjoyed giving them adult roles. At the time, most children's toy dolls were representations of infants. Realizing that there could be a gap in the market, Handler suggested the idea of an adult-bodied doll to her husband Elliot, a co-founder of the Mattel toy company. He was unenthusiastic about the idea, as were Mattel's directors.

During a trip to Europe in 1956 with her children Barbara and Kenneth, Ruth Handler came across a German toy doll called Bild Lilli.^[1] The adult-figured doll was exactly what Handler had in mind, so she purchased three of them. The Lilli doll was first sold in Germany in 1955, and although it was initially sold to adults, it became popular with children who enjoyed dressing her up in outfits that were available separately.

Around 350,000 Barbie dolls were sold during the first year of production.

Ruth Handler believed that it was important for Barbie to have an adult appearance, and early market research showed that some parents were unhappy about the doll's chest, which had distinct breasts. Barbie's appearance has been changed many times, most notably in 1971 when the doll's eyes were adjusted to look forwards rather than having the demure sideways glance of the original model.

Barbie was one of the first toys to have a marketing strategy based extensively on television advertising, which has been copied widely by other toys. It is estimated that over a billion Barbie dolls have been sold worldwide in over 150 countries, with Mattel claiming that three Barbie dolls are sold every second.^[2]

Barbie products include not only the range of dolls with their clothes and accessories, but also a large range of Barbie branded goods such as books, apparel, cosmetics and video games.

Barbie has become a cultural icon and has been given honors that are rare in the toy world. In 1974, a section of Times Square in New York City was renamed Barbie Boulevard for a week. In 1985, the artist Andy Warhol created a painting of Barbie.



Ans: Rex Allen Sr.